

# Food Menu

## Sep-18



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1<sup>st</sup> Week</b>					
<b>Snack</b>	Watermelon	Watermelon	Oatmeal cookies	Apples	Popcorn
<b>Lunch</b>	Mac and cheese	Chicken rice	Chicken soup	Catrachitas	Tuna pasta
<b>Snack</b>	Apples	Jell-O	Jell-O	Sweet bread	Sweet bread
<b>2<sup>nd</sup> Week</b>					
<b>Snack</b>	Bananas	Bananas	Apples	Cereal	Yogurt
<b>Lunch</b>	Ham and cheese sandwiches	Beef with vegetables	Cheese tortillas	Chicken Alfredo pasta	Beans with plantains
<b>Snack</b>	Cereal	Yogurt	Cereal	Apples	Animal crackers
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>3<sup>rd</sup> Week</b>					
<b>Snack</b>	Cereal	Yogurt	Cereal	Yogurt	Pineapple
<b>Lunch</b>	Cheese tortillas	Ham and cheese sandwiches	Chili beans with sausages	Vegetable soup	Chicken rice
<b>Snack</b>	Jell-O	Apples	Frozen fruit pops	Pineapple	Cereal
	Monday	Tuesday	Wednesday	Thursday	Friday
<b>4<sup>th</sup> Week</b>					
<b>Snack</b>	Bananas	Watermelon	Bananas	Mango	Watermelon
<b>Lunch</b>	Ham and cheese sandwiches	Chicken quesadilla	Chicken rice	Beef soup with veggies	Ham pastelitos
<b>Snack</b>	Apples	Jell-O	Mango	Apples	Jell-O

